The City of Fairfax Senior Center Young at Heart Trips 4401 Sideburn Road, Fairfax VA 22030

All trips require reservation – first come first serve. Payment is due at time of registration unless placed on a wait list. Trips depart from the senior center. Please arrive 15 minutes early.

Registration Time - (for May and June registrations)

Walk-In: APRIL 14th, 2014 at 8:30 am Online: APRIL 14th, 2014 at NOON

101	Lunch on your own		Uneven Walking
Ť	Mainly Walking/Standing	SG/GT	Self-Guided Tour/ Guided Tour
↓ ↑	Stairs Required	•	Weather Sensitive

MAY TRIPS

	Shenandoah Apple Blossom Festival's Senior Lunch & Dance (Winchester, VA) – Get out your pink & green finery					
↓ ↑	as we travel to this beautiful spring time festival at the top of Virginia. Dance in a huge white tent, featuring the big					
	band orchestra For Dancers Only, a visit by the 87th Queen Shenandoah and her court, and a delicious three-					
	course luncheon (included in trip). Travel through the beautiful Piedmonts and Blue Ridge Mountains.					
	Thursday, May 1, 2014 Depart: 9:15 am Approx. Return: 4:00 pm					
	Washington Nationals Baseball Game (Washington, DC) – Take me out to the ball game take me out to the crowd.					
	Buy me some peanuts and crackerjacks; I don't care if I never get back! Let me root, root, root for the home team, if					
	they don't win it's a shame. For its ONE, TWO, THREE strikes you're out at the old ball game! See the Washington					
	Nationals take on the LA Dodgers. Lunch on your own.					
	Wednesday, May 7, 2014 Depart: 12:00 pm Approx. Return: 3:30 pm					
	Manassas National Battlefield Park (Manassas, VA) – Enjoy this multi-faceted tour. Join the park ranger for tour,					
	view the 6-minute fiber-optic battle map, and watch a 45-minute orientation film Manassas: End of Innocence and					
	browse the park gift shop Dutch-treat lunch at The Cracker Barrel. Wear comfortable walking shoes.					
SG	Please bring an additional \$3 to enter the park unless you have a life-time pass. Wear comfortable walking shoes.					
	Thursday, May 15, 2014 Depart: 10:30 am Approx. Return: 4:00 pm					
	National Zoological Park (Washington, DC) – The newest panda bear Boa Boa is now on exhibit! For a short time					
†●} 🛉	you can see this baby panda in person before he is shipped away to China for good! See the many other exciting					
	animals at this national treasure. Please dress for the weather. Lunch on your own at zoo or in the neighborhood.					
SG ♦	Wear comfortable walking shoes.					
	Thursday, May 22, 2014 Depart: 9:00 am Approx. Return: 3:00 pm					

JUNE TRIPS

	Frederick Douglass National Historic Site (Washington, DC) – Frederick Douglass was an African-American social				
4 0 \ •	reformer, orator, writer and statesman. After escaping from slavery, he became a leader of the abolitionist				
101	movement. He stood as a living counter-example to slaveholders' arguments that slaves lacked the intellectual capacity to function as independent American citizens. Tour the Frederick Douglass House, explore the grounds and				
SG ♦					
36 •	visitor center. Picnic with boxed lunch provided.				
	Wednesday, June 4, 2014 Depart: 10:00 am Approx. Return: 3:00 pm				
	National Air and Space Museum (Washington, DC) – The 1903 Wright Flyer, the Ryan NYP Spirit of St. Louis, and				
*	the Apollo 11 Command Module Columbia are just a few of the historic firsts on display at the Museum in				
	Washington, DC. Explore thematic exhibitions on the history of aviation and spaceflight. Take in				
SG/GT	, ,				
00/0.	an IMAX film, planetarium show, or observe the Sun and nearby planets at our public observatory. Lunch on your				
	own at museum.				
	Wednesday, June 11, 2014 Depart: 10:30 am Approx. Return: 3:30 pm				
	The National Harbor – A waterfront destination along the glittering Potomac River in Prince George's County,				
	Maryland. Something for everyone: First stop Tanger outlets, for those interested or continue on to the harbor.				
	Restaurants, marina, cruise the Potomac River, hike around this 350-acre community. Lunch on your own.	\$15			
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	Wednesday, June 18, 2014 Depart: 10:00 am Approx. Return: 4:30 pm				
Riverside Dinner Theatre: West Side Story (Fredericksburg, VA) – The world's greatest love story takes to the					
	streets in this landmark Broadway musical. Widely considered to be one of the American musical theatre's finest				
	works. Lunch provided.	\$71			
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	Wednesday, June 25, 2014 Depart: 10:30 am Approx. Return: 5:00 pm				